

Group therapy for solo therapists

A support group to help connect private practice therapists with each other in Virginia.

Weekly Agenda*

- Week 1 - Finding/Embracing your Niche
- Week 2 - Marketing and Networking 101
- Week 3 - Coping with the isolation
- Week 4 - Going beyond clinical work
- Week 5 - Private Practice lessons learned
- Week 6 - Life beyond the group

**Agenda is subject to changed based on group feedback*



This is a place where venting is encouraged, questions will be asked, and advice will be shared by all members.

- What:** A 6 week closed group for those who already are or are considering being a solo practitioner
- Who:** Any licensed or pre licensed therapist looking for a safe space to work through the struggles of private practice.
- When:** Sessions will meet every first Friday of the month from 11 am - 12 pm starting September 8th
- Where:** Sessions will take place virtually
- Cost:** \$35 per person per session



Please email, call, or text Katie Pancione at katie@novamentalhealthcounseling.com or 571.390.5339 if you want to register for the group or have additional questions.

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