

Pregnancy Loss Grief Group

finding the rainbow



Pregnancy loss is an isolating and challenging path to navigate. Society still considers this a taboo topic, but it does not negate that women need help and support during this difficult time. This monthly group will meet in person to explore the grief we feel as mothers who never had a chance to meet our children.

This group aims to provide a safe space where participants can explore their feelings without judgment. This is an open-ended group, meaning that members may stay with the group for as long as they feel it benefits them.

- Who:** Anyone who has been pregnant and experienced a loss
- When:** Sessions will meet on the first Monday of each month 6:30 pm-7:45 pm
- Where:** 8320 Professional Hill Drive, Fairfax, VA, 22031
- Cost:** \$65 per person per session

NOVA Mental Health
Counseling 

the  **NURTURE
NOOK**

Please contact Katie Pancione at
katie@novamentalthcounseling.com or 571.390.5339
if you want to register for the group or have additional questions.

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